

# Dance Above The Rainbow

Artist: Ronan Hardiman

Album: Feet of Flames CD

Time: 3:01

Level: Easy Advance

Wait 16 counts music: Irish/pop speed: moderate 248-363-6820

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Sequence: A-B-A-C-D-C-E-F-G-F

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## Part A

Rooster run                      DS-DS(xif)-Ball-Ball(xib)-Ball-Ball(xif)  
move left                        L   R   L   R   L   R

Double front                    DS-DS-Db1 Ball-Ball-Db1 Ball-Ball  
L   R   L   L   R   L   L   R  
&1 &2 & a 3 & a 4

Rooster run                      DS-DS(xif)-Ball-Ball(xib)-Ball-Ball(xif)  
Move left                        L   R   L   R   L   R

Walk The Dog Turn            DS-DS-Heel-Heel-RS  
Turn 1/2 Left on Heels        L   R   L   R   LR

Repeat steps to face front

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## Part B

3 Stamp stomps                Stamp-stomp-DS-DS-RS  
L   L   R   L   RL

Triple                            DS-DS-DS-RS  
Turn 1/2 Right                 R   L   R   LR

Repeat steps to face front

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## Part C

Heel Toe Combo                DS-Heel(front)-Toe(Back)-Heel(Front)  
L   R   R   R

2 Basics                        DS-RS-DS-RS  
Turn 3/4 Right                 R   LR   L   RL

Repeat steps 3 more times to face each wall

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**Part D**

**3 Pulls & Basic** Pull(L)-step-rock-pull(R)-step-rock-pull(L)-step-DS-RS  
turn 1/4 left on basic L R L R L R L R L RL

Repeat 3 more time to face each wall changing footwork  
Make sure you turn 1/4 left on basic on right or left foot

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**Part E**

**3 doubles & Clap** DS-DS-DS-Clap  
**move Left** L R L

**Triple** DS-DS-DS-RS  
**Turn 3/4 Right** R L R LR

Repeat 3 more times to each wall

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**Part F**

**3 Twists** Dbl-Twist(L)-Heel-Lift-DS-DS  
**move left** L Both L L L R

**Mtn. Goat** Dbl-ball(xif)-ball-ball-ball-ball(xib)-Chug/slide  
**turn 1/2 Left** L L R L R L R L R

Repeat steps to face front

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**Part G**

**3 Bounces** Dbl(xib)-bounce-bounce-Lift-DS-DS  
L Both Both R R L

**Triple** DS-DS-DS-RS  
**Turn 1/2 right** R L R LR

Repeat steps to face front

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